

**APPENDIX 13****Fatigue Risk Management Specification****Purpose**

To manage the Risk of work-related injury or Incidents due to Fatigue arising from lack of time off for sleep

Who is this for?

- Managers and
- Supervisors

What situations are covered?

This document applies to all *Sakhalin Energy Assets, Facilities, Operations, Projects and Activities*, including activities undertaken by any *Contractor* on behalf of the *Company*.

This manual section covers work arrangements for people in HSE Critical Positions and/or those that are involved in High Risk that involve any of the following:

- a planned shift length excluding overtime and handovers greater than 12 hours within a 24-hour period; or
- overtime resulting in working hours exceeding 12 hours more than once per month; or
- overtime or Call-outs resulting in more than 16 working hours in one calendar day; or
- shift work or Call-outs at any time between 22:00 and 06:00, including shifts that start during or extend into this period; or
- day-to-day changes to shift start times that are a change of more than three hours; or
- more than 28 days of consecutive work without at least 24 hours of continuous time-off; or
- work after travel between 22:00 and 06:00 or travel crossing > 4 time zones in previous 48 hours.

Requirements – General

Managers are *Accountable* for requirements 1 to 4:

1. Identify and record HSE Critical Positions where one or more of the situations covered above occur or may occur.
2. Establish and maintain a Fatigue Risk Management Plan for HSE Critical Positions identified by requirement 1.
3. Provide Fatigue risk management awareness training for supervisors who are in roles that apply the Fatigue Risk Management Plan.
4. Include consideration of the potential contribution of the risk of Fatigue when investigating significant and high potential incidents, as applicable.

Supervisors are *Accountable* for requirements 5:

5. Make individuals in identified HSE Critical Positions aware of the risks of Fatigue associated with lack of time off for sleep.